

2019 SWIM PROGRAMS



We are pleased to offer a comprehensive program designed by the American Red Cross. Classes are offered for all ages and all ability levels. Beginning levels focus on water adjustment and introduce basic swimming and water safety skills. More advanced levels concentrate on stroke development, stroke refinement and additional water safety skills.

STEP A - AQUATIC AWARENESS

Introduction to basic water skills and safety.

STEP B - BASIC WATER SKILLS (LEVEL 1)

Skills to be worked on include support front/back float, submerge face and intro for front/back crawl.

STEP C - CONCENTRATED AQUATIC SKILLS (LEVEL 2)

Skills to be worked on include front/back float, front crawl with rhythmic breathing and retrieving objects.

STEP D - DEVELOPMENT OF STROKES (LEVEL 3)

Builds on Stroke development and introduces breaststroke, elementary back stroke, and diving.

STEP E - ENHANCED STROKE DEVELOPMENT (LEVEL 4)

Develops the swimmer's strength and confidence and introduces butterfly, side stroke, and open turns.

STEP F - FURTHER STROKE AND REFINEMENT (LEVEL 5)

Refine performance and increase distance with surface dives, survival floating/swimming and treading water.

STEP G - GEARING FOR LIFEGUARD TRAINING (LEVEL 6)

This step is in readiness for Lifeguard Training.

SESSION 1: JUNE 10 - JUNE 27

SESSION 2: JULY 8 - JULY 25

Classes run Monday - Thursday

Sunset Beach

1010 Fulcer Avenue

Kimberly, WI 54136

Cost: No Fee

Available times: 9:30 - 10:15 a.m.

Available times: 10:30 - 11:15 a.m.

Step A for students entering grades 4K-6 in the fall

Step B for students entering grades 4K-6 in the fall

Step C for student entering grades 1-6 in the fall

Step D for students entering grades 1-9 in the fall

Step E for students entering grades 3-9 in the fall

Step F - G for students entering grades 3-9 in the fall

Note: Registration for summer swim lessons must be completed through the Kimberly Area School District on-line registration system.

REGISTRATION FOR SUMMER SWIM LESSONS



ONLINE REGISTRATION BEGINS MARCH 14!

Summer sessions are limited – register early!

Online registration will be done through KASD summer school

<http://www.kimberly.k12.wi.us/summer-school>